

What is Life?

Definition: *Life is the state or process of living.*

This definition does not seem to convey anything.

However, we can find meanings in this definition, by understanding what is meant by “meaningful way of living”.

“Meaningful way of living” should be understood by each by himself/herself.

Often it is misunderstood, giving too much importance to what others think meaningful.

One must understand that each moment in life is not a “point” as one may think, but a neighborhood of a point - a small disk. The moment one feels that a “moment in life is a point”; one loses the meaning of living itself. Life becomes meaningful when one sharpens or polishes the “disks of moments” so that it shines like the disk of sun that we see at the dawn or dusk.

The process of sharpening the “disks of moments in life” itself is the “meaningful way of living”!

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