## Spectral Mapping Theorem for Self Adjoint Operators<sup>1</sup>

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**THEOREM 1.** Let  $A \in \mathcal{B}(X)$  be a self-adjoint operator on a Hilbert space X and p(t) be a polynomial with coefficients in  $\mathbb{F}$ . Then,

$$\sigma(p(A)) = \{p(\lambda) : \lambda \in \sigma(A)\}.$$

*Proof.* By Theorem 10.14 in [1],

$$\{p(\lambda):\lambda\in\sigma(A)\}\subseteq\sigma(p(A)),$$

and for  $\mathbb{F} = \mathbb{C}$ , we have the equality

$${p(\lambda) : \lambda \in \sigma(A)} = \sigma(p(A)).$$

Hence, we need to prove

 $\sigma(p(A)) \subseteq \{p(\lambda) : \lambda \in \sigma(A)\}$ 

for the case  $\mathbb{F} = \mathbb{R}$ . So, let p(t) be a polynomial with real coefficients. The result is obvious if p(t) is a constant polynomial. Hence, assume that p(t) is not constant. Let  $\mu \in \sigma(p(A))$ . We observe that, since A is self adjoint and since coefficients of p(t) are real numbers, p(A) is also a self adjoint operator. Hence  $\mu \in \mathbb{R}$ . We consider two cases, namely,

 $Case(i): p(t) - \mu$  does not have any non-real complex zeros, and

 $Case(i): p(t) - \mu$  has at least one non-real complex zero.

Case(i): In this case, there are (not necessarily distinct) real numbers  $c, t_1, \ldots, t_k$  such that

$$p(t) - \mu = c \prod_{j=1}^{k} (t - t_j).$$

Then

$$p(A) - \mu I = c \prod_{j=1}^{k} (A - t_j I).$$

Since  $p(A) - \mu I$  is not invertible, there exists  $\ell \in \{1, \ldots, k\}$  such that  $A - t_{\ell}I$  is not invertible. Thus,  $\lambda := t_{\ell}$  is a spectral value of A, and  $p(\lambda) = \mu$ .

Cae(ii): Suppose  $\lambda$  is a non-real complex zero of  $p(t) - \mu$ . Since coefficients of  $p(t) - \mu$  are real numbers,  $\overline{\lambda}$  is also a zero of  $p(t) - \mu$ . Hence,  $(t - \lambda)(t - \overline{\lambda})$  is a factor of  $p(t) - \mu$ . Thus,  $p(t) - \mu$  has

<sup>&</sup>lt;sup>1</sup>A slight modified form of the proof given in [1], Theorem 12.12, Page 386.

the representation

$$p(t) - \mu = q(t) \prod_{j=1}^{m} (t - \lambda_j I)(t - \bar{\lambda}_j I),$$

where  $\lambda_1, \ldots, \lambda_m$  are non-real (not necessarily distinct) complex numbers and q(t) is a polynomial with real coefficients having no non-real zeros. Writing  $\lambda_j = \alpha_j + i\beta_j$  with  $\alpha_j, \beta_j \in \mathbb{R}$  and  $\beta_j \neq 0$  and observing that

$$(t-\lambda_j)(t-\bar{\lambda}_j) = [(t-\alpha_j)-i\beta_j][(t-\alpha_j)+i\beta_j] = (t-\alpha_j)^2 + \beta_j^2,$$

we have

$$p(t) - \mu = q(t) \prod_{j=1}^{m} [(t - \alpha_j)^2 + \beta_j^2].$$

Hence,

$$p(A) - \mu I = q(A) \prod_{j=1}^{m} [(A - \alpha_j I)^2 + \beta_j^2 I].$$

Since each  $(A - \alpha_j I)^2$  is a positive operator,  $(A - \alpha_j I)^2 + \beta_j^2 I$  is invertible for every  $j \in \{1, \ldots, m\}$ . Hence, q(A) is not invertible. Therefore, q(t) is a non-constant polynomial and q(t) is of the form

$$q(t) = c \prod_{j=1}^{k} (t - t_j).$$

for some real numbers  $c, t_1, \ldots, t_k$ . Consequently, we have

$$p(A) - \mu I = c \prod_{j=1}^{k} (A - t_j I) \prod_{j=1}^{m} [(A - \alpha_j I)^2 + \beta_j^2 I].$$

From this it follows, as in case (i), that there exists  $\ell \in \{1, \ldots, k\}$  such that  $A - t_{\ell}I$  is not invertible. Thus,  $\lambda := t_{\ell}$  is a spectral value of A, and  $p(\lambda) = \mu$ .

## References

 M.T. Nair, *Functional Analysis: A First Course*, New Delhi: Printice-Hall of India, 2002 (Third Print, PHI Learning, 2010).